

More than 18 Words to Help Us in Our Reach for Metaphor(s)
Evolving and Unfolding; Rabbi Simkha Y. Weintraub, LCSW © 2009

Obstacles:

Metaphear: The irrational, but also normal, aversion to encapsulating experience (one's own or somebody else's) in Metaphor.

Metaphracture: When an experience challenges or shatters the coherence of a Metaphor

Metaphailure: When a relied-upon, and often central, Metaphor loses its relevance or ability to contain or influence experience

Metaphlat: When a Metaphor that has been offered or considered emerges as empty or unhelpful.; this may lead to...

Metaphlop: The deflation and collapse of a Metaphor, which can, in turn, yield a kind of 'photographic negative' that is instructive and valuable.

Metaphake: When you just know that a Metaphor is corrupt, deceitful, contrived, and/or downright false....

Metaphorced When a Metaphor is offered in a coercive manner by family or friends; or by tradition, community; society, or convention; or by internal voices such as one's Super Ego; or by any other party – but is not indigenous, home-grown, syntonic, or ultimately integrate-able...

Metaphreeze: When a Metaphor becomes rigid and/or inflexible, even brittle, and can offer little or no meaning;

Resources:

Metaphheel: (Probably) The impetus, inspiration, guide, and glue of ones Metaphor

Metaphishing: The search for the Metaphor(s), often free-roaming and involving 'dips' or sampling

Metaphinding: The moment of locating, defining, or anchoring a Metaphor

Metaphlow: The shifting, turning, evolving direction(s) of ones Metaphor, a moving target but also a rich depository and map of spiritual life.

Metaphlux: The shifts in meaning, weight, predominance, or priority of ones Metaphors

Metaphun: The joy, light, even ecstasy, derived from encountering meaningful Metaphors or appreciating their meaning.

Metaphresh: The quality of newness, blossoming and/or opening-out that a Metaphor may bring.

Metaphreedom: The God-given, inalienable right to uncover, define, and modify Metaphor

Metaphix: The opportunity to actively adjust, re-define, reshape, or reframe the content or contours of a Metaphor

Metaphluidity: The ability of a Metaphor to expand or contract, to recede or confront, to take on new dimensions of meaning and depth.

Outcomes and Process:

Metaphluence: The impact of a Metaphor on one's spiritual wholeness or direction

Metaphabulous: The stunning awe induced by arriving at a just-right Metaphor

Metaphacilitate: The task of a spiritual guide or spiritual fellow-traveller in helping one to excavate, express, explore and expunge Metaphors

Metaphoundation: The deep rootedness of a Metaphor; The home of a Metaphor in ones spirit, but also its placement in some very profound core of life.